NASHVILLE, TN — Congratulations to Jay-Sheree Allen, 3rd-year Meharry medical student, for sponsoring the event, Hindsight is 20/20, held on Meharry’s campus, featuring Ruth Ross Edmonds, D.D.S. 97 and Rachael Ross, M.D. 01.

Dr. Ruth is the owner/principal of Braces by Ruth and her sister, Dr. Rachael, is a recurring co-host on the Emmy* Award-winning talk show, The Doctors, a practicing board-certified family medicine physician and sexologist.

The siblings were enlightening and sometimes outright funny bringing laughter to the crowd who convened in the Compton-Nelson Auditorium the evening of May 1, 2014 to hear their stories.

They are sisters with the same relatives . . . and that’s where the similarities end!

Admitting she was the “regimented, stringent one,” during the program, Dr. Ruth turned to Dr. Rachael and asked her to describe herself. Dr. Rachael quipped, “I studied, but I like to have a good time, so I partied too!” Though they may be like oil and water, it wasn’t long before everyone could see their love and respect for each other and the love they have for their family.

Dr. Ruth, graduating number one in her dental class, wore an exquisite, traditional dress, pumps and matching jewelry while Dr. Rachael, donning a typical Hollywood, California (where she tapes The Doctors) style mini, relaxed, sat back in her chair and showed off her bright gold sneakers.

Both were in agreement when it came to giving sound advice to the students in the audience, telling them to “study, choose what you like and like what you choose (referring to their specialties), keep family close, get a GOOD financial advisor and listen to what God is telling you.”

Other recommendations? “Build your own brand and don’t be afraid to conduct shameless self-promotion.” In other words, you are allowed to toot your own horn.

Students had a chance to ask questions, talk one-on-one with the doctors and pose with them for pics.