



Carol Ziegler FNP  
Meharry Family Clinic



# INTIMATE PARTNER VIOLENCE



# Quiz

- What percentage of people in U.S. are victims of IPV?
- Are rates in the U.S. the same as global rates?
- Who should be screened for IPV?
- Who should get couple's counseling in cases of IPV?
- What are providers MANDATED to report?
- When does lethality drastically increase in IPV?

# Framing the Issue

- IPV and Health
  - ▣ Patients
  - ▣ Unhealthy behaviors
  - ▣ Advocacy

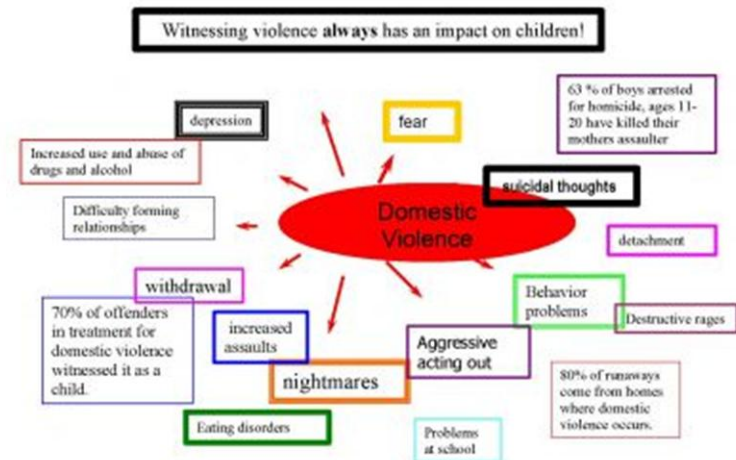
# DEFINE IPV



# Intimate Partner Violence

- Rates
- Who is affected
  - Who are the victims?
  - Who are the batterers?
- Global incidence
- Cultural Issues
- Effects on families
- Community violence

## Domestic Violence and Children



# The Healthy Relationship..



Spectrum of healthy to abusive



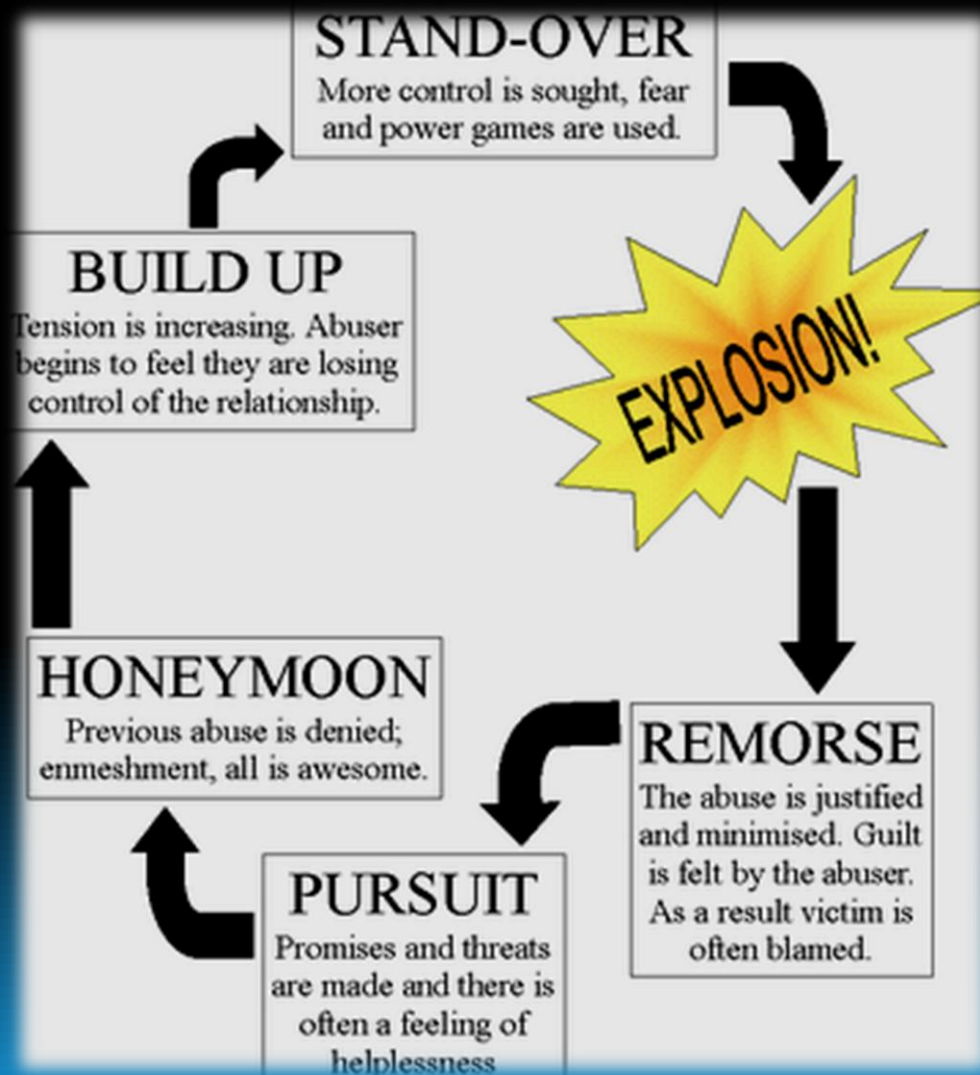
Spectrum of healthy to abusive

# Expressions of IPV

- Isolation
  - Social, financial, environmental
- Physical Abuse
- Emotional Abuse
- Verbal Abuse
- Threats/Intimidation
  - Suicide/custody/privacy



# Cycle Theory of Violence



# What is the role of PCP

- Screen
- Diagnose
- Manage and treat through Advocacy
- Document thoroughly
- Report Stats to HD monthly
- Follow up / Refer
- Advocate for communities and families
- Prevention: Work to decrease incidence

# SCREEN

- Pregnant women at EVERY visit
- SCREEN ALL PATIENTS over 14 YO
- ANYONE you suspect
- ANY substance abuse
- ANY difficult patients

Screen everyone!

1 in 3 of your patients are victims of IPV.

# Symptoms Associated w IPV

- Multiple somatic Sxs
- Chronic abdominal pain
- Pelvic pain, STI symptoms
- Poorly controlled chronic disease
- Anxiety, depression, PTSD
- EtOH and drug addiction
- Eating disorders
- Musculoskeletal complaints
- Vague complaints
- Difficult patients



# TREATING IPV

- Maintain Privacy
- Address all physical issues
- Address sexual health
- Emotional/mental health
- CLOSE follow up
- Safety plan
- Validate and support
- Address any concerns of child abuse issues



# Case Studies

- Divide into 2 groups: Case 1 and Case 2
- Discuss cases (5 minutes)
- Present Assessment and Plan

# Case 1: SD

- SD is a 25 YO woman, cc of dysuria x 10 days, urgency, frequency, pelvic pain. LMP 2 weeks ago. No contraception, no fever, no cva tenderness, n/v/d/c. She is here with her husband and 3 children, ages 2, 3 & 5 years old. Hx of multiple musculoskeletal complaints and acetaminophen and ASA use. Her husband states she wants to get an IUD.
- PE: UA + nitr, + protein, + RBCs, -hcg. No CVA tenderness. Refuses pelvic exam. Small area of yellow-green discoloration under R eye, she reports she walked into a door a few weeks ago.

# Case 2: HJ

- HJ is a 46 YOM, new to the clinic, presents for hand pain. He is here with his 16 YO son. Works as physical trainer, is married, 2 partners, has had a vasectomy, does not use condoms.
- Patient states he got into an argument with his wife and she broke 3 of his fingers.
- PMHx + chlamydia 2 yrs ago, treated. He denies any other significant medical problems.
- BP is 146/95, P 74, 6'1", 256#, pleasant affect.

## PE :

- Skin: numerous scratches on forearms bilat and face.
- Musculo: Swelling/ tenderness diffusely of L hand, decreased ROM fingers. Several contusions on upper chest, nontender
- CV and Pulm exam normal.
- Xray reveals 2<sup>nd</sup> and 3<sup>rd</sup> distal phalangeal fractures of L hand.



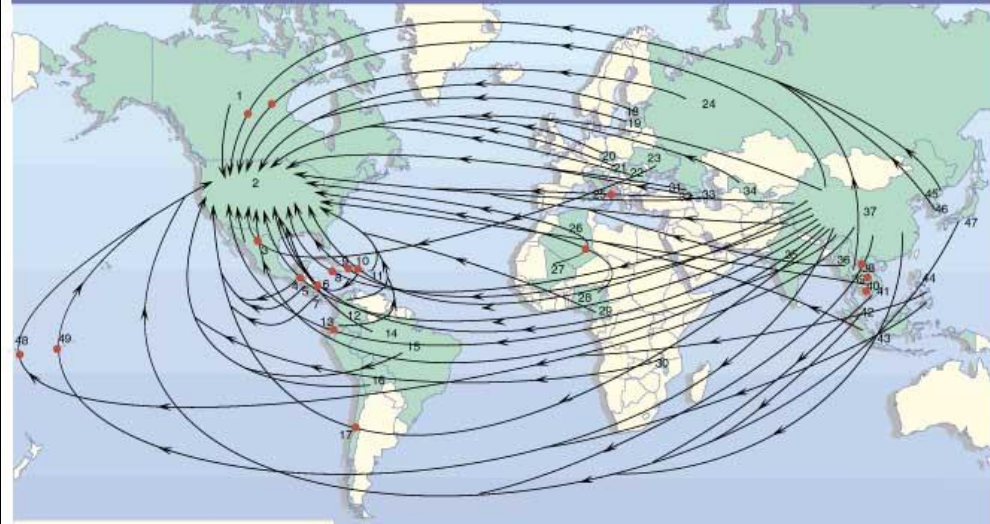
# Report

- Any assaults with weapons
- Statistics to HD
- Any concern for abuse of minors
- <https://health.state.tn.us/domesticviolence>

# Critical Points for Practice

- Screen
- Protect Privacy
- Advocate / Inform / Support
  - Consider children, other issues
- Accurate charting/Documentation
  - Safety Plan
- Follow up
- Record statistics
- Find creative ways to decrease incidence

## Trafficking of Persons, Especially Women and Children: USA Routes



- 1) Canada, 2) USA, 3) Mexico, 4) Guatemala,
- 5) El Salvador, 6) Nicaragua, 7) Costa Rica, 8) Jamaica,
- 9) Haiti, 10) Dominican Republic, 11) Puerto Rico,
- 12) Colombia, 13) Ecuador, 14) Peru, 15) Brazil, 16) Bolivia,
- 17) Chile, 18) Estonia, 19) Latvia, 20) Czech Republic,
- 21) Hungary, 22) Romania, 23) Ukraine, 24) Russia,
- 25) Italy, 26) Algeria, 27) Mali, 28) Nigeria, 29) Cameroon,
- 30) Malawi, 31) Georgia, 32) Armenia, 33) Azerbaijan,
- 34) Uzbekistan, 35) India, 36) Burma, 37) China, 38) Laos,
- 39) Thailand, 40) Cambodia, 41) Vietnam, 42) Malaysia,
- 43) Indonesia, 44) Philippines, 45) North Korea,
- 46) South Korea, 47) Japan, 48) Nauru, 49) Kiribati.

Routes represent at least one documented case of trafficking of persons. See individual country reports for additional information.

Legend:  
■ Countries with trafficking activity  
● Transit Stop  
Source: © The Protection Project  
Johns Hopkins University  
School of Advanced  
International Studies  
Created by Neha Mathur  
March 2002

Applying the same principles in another setting....

# HUMAN TRAFFICKING

# Human Trafficking is...

- The fastest growing criminal industry worldwide – tied w Arms trade
- Bonded labor, forced labor, sex trafficking
- 42.5 Billion\$ globally
- 10,000 trafficked persons in the US
- [www.humantrafficking.org](http://www.humantrafficking.org)
- [www.nashvillerescueandrestore.org](http://www.nashvillerescueandrestore.org)

## Case 3: AK

- 21 YO C woman, non-English speaker , presents with c/o vaginal discharge x 3 days and pain w sex. Has an interpreter with her. No Hx of pap, no medical Hx available, no insurance.
- PE: Pelvic exam; moderate discharge noted, small laceration at vaginal introitus, no CMT. Does not maintain eye contact with PCP or translator during visit. No other visible signs of injury.

# What can you say...

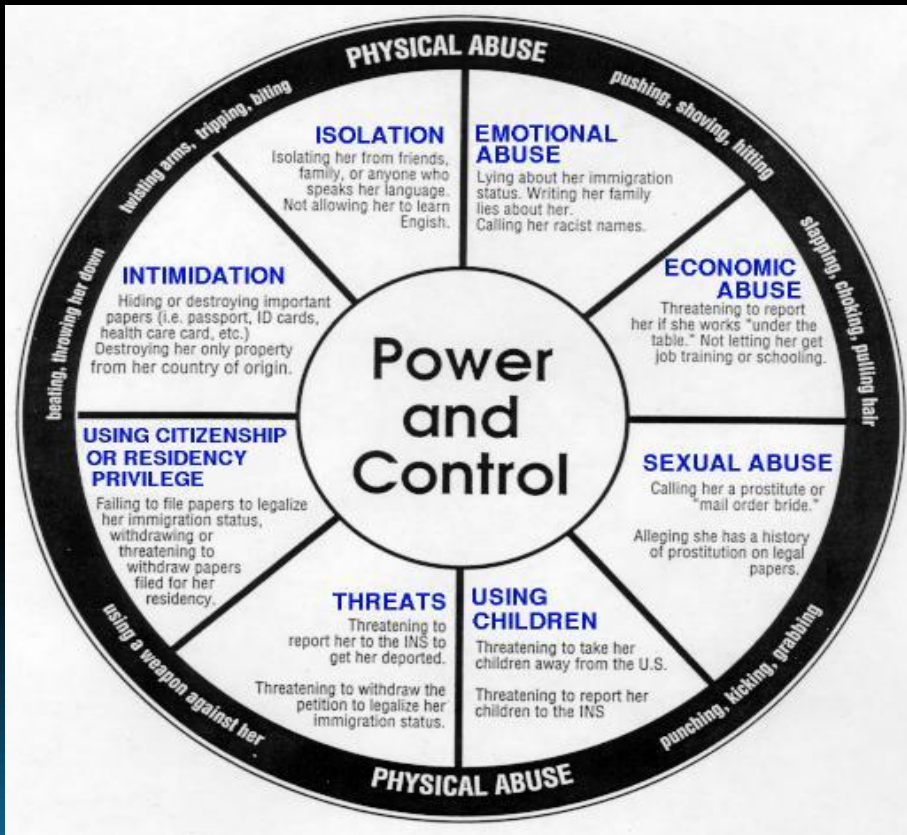
- I'm afraid for your safety.
- I'm afraid for the safety of your children.
- It will only get worse.
- We're here for you when you are ready or when you are able to leave.
- You deserve better than this.
- Let's figure out a safety plan for you.
- *Adapted from: Sarah Buel, Esq., in "Courts and Communities: Confronting Violence in the Family," Conference Highlights, National Council of Juvenile and Family Court Judges, 1994.*



# Refer

- Legal Aid
- Police: DV division
- Counselors/ Social Work
- Financial Aid
- DV hotlines
- Shelters
- Support Groups
- AA/NA

# Advocate v. Rescue



# REFERENCES

- 2007 Conference on Domestic Violence and Health – TNA
- <http://www.dm.usda.gov/shmd/aware.htm>
- [www.cdc.gov/domesticviolence](http://www.cdc.gov/domesticviolence)
- [www.police.nashville.gov](http://www.police.nashville.gov)
- [www.tcadsv.org](http://www.tcadsv.org)